



Time Change 2025 in Canada

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Next change:

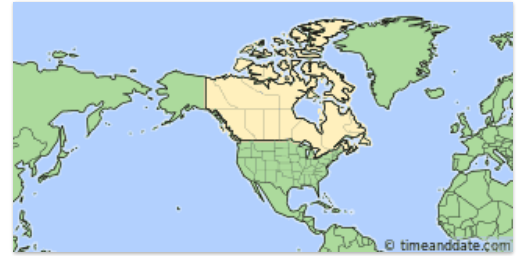
MAR

9

1 hour Forward

Mar 9, 2025, 2:00 am

Country:	Canada
Abbreviations:	CA, CAN
Capital:	Ottawa
Time Zones:	6
Dial Code:	+1



Mar 9

Forward 1 hour

Mar 9, 2025 - Daylight Saving Time Starts

When local standard time is about to reach

Sunday, March 9, 2025, **2:00:00 am** clocks are turned **forward** 1 hour to Sunday, March 9, 2025, **3:00:00 am** local daylight time instead.

Sunrise and sunset will be about 1 hour later on Mar 9, 2025 than the day before. There will be [more light in the evening](#) and less light in the morning.

Also called [Spring Forward](#), [Summer Time](#), and [Daylight Savings Time](#).

More info:

[Will Trump End DST?](#)



Nov 2

Back 1 hour

Nov 2, 2025 - Daylight Saving Time Ends

When local daylight time is about to reach

Sunday, November 2, 2025, **2:00:00 am** clocks are turned **backward** 1 hour to Sunday, November 2, 2025, **1:00:00 am** local standard time instead.

Sunrise and sunset will be about 1 hour earlier on Nov 2, 2025 than the day before. There will be [more light in the morning](#) and less light in the evening.

Also called [Fall Back](#) and [Winter Time](#).

Other years: [2022](#) | [2023](#) | [2024](#) | 2025 | [2026](#) | [2027](#) | [2028](#)

When Does DST Start and End in Canada?

[Daylight Saving Time](#) (DST) in Canada starts on the 2nd Sunday in March and ends on the 1st Sunday in November.

Daylight Saving Time Info

- [About Daylight Saving Time](#)
- [DST in year 2025](#)
- [Upcoming time changes](#)
- [History of Daylight Saving Time](#)